STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

**Tw 17 Yíféng**
Posterior to the ear lobe. In the depression between the mastoid process and mandibular angle.

**Gb 20 Féngchi**
On the nape, below the occipital bone, in the depression between the upper ends of the sternocleidomastoid and trapezius muscles.

**Li 18 Fútū**
On the neck and on the anterior midline, at the centre of the suprasternal fossa.

**St 9 Rénýīng**
On the neck beside the laryngeal prominence and on the border of the sternocleidomastoid muscle where the pulsation of the carotid artery is palpable.

**St 5 Dáying**
Anterior to the mandibular angle, on the anterior border of the masseter muscle, where the pulsation of the facial artery is palpable.

**Gall Bladder Points:**

**GB 20S** Important point behind mastoid process on outer section of trapezius muscle and end of sternocleidomastoid. Associated with smaller occipital nerve. Hammer fist, ridge hand, palm heel etc. Also a revival point.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

Gb 20 Féngchi
On the nape, below the occipital bone, in the depression between the upper ends of the sternocleidomastoid and trapezius muscles.

Gb 20S Important point behind mastoid process on outer section of trapezius muscle and end of sternocleidomastoid. Associated with smaller occipital nerve. Hammer fist, ridge hand, palm heel etc. Also a revival point

Gb 21 Qianding
Top of the head. Vulnerable to elbow strikes. A powerful blow is potentially fatal.

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Gb 14 Yangbal
Approx1 inch above the supra orbital notch midpoint of the eyebrow. Strike either upwards or downwards. Attack with palm heel.

Gb 14 Yangbal
Approx1 inch above the supra orbital notch midpoint of the eyebrow. Strike either upwards or downwards. Attack with palm heel.

Gb 26 Renzhong
Centre of the philtrum. Vulnerable to pressure, associated with the infra orbital branch of the trigeminus nerve and the branch of the cheek muscle facial nerve. Attack with knuckles, palm heel etc.

Gb 26 Renzhong
Centre of the philtrum. Vulnerable to pressure, associated with the infra orbital branch of the trigeminus nerve and the branch of the cheek muscle facial nerve. Attack with knuckles, palm heel etc.

Gb 4 Hanyan
On the temple. Potentially fatal point. Also useful as pain control, release point. Attack with elbow, back knuckle fist or one knuckle fist.

Gb 4 Hanyan
On the temple. Potentially fatal point. Also useful as pain control, release point. Attack with elbow, back knuckle fist or one knuckle fist.

Gb 3 Shangguan
On the upper boarder of the zygomatic arch.

Gb 3 Shangguan
On the upper boarder of the zygomatic arch.

Gb 1 Tongziliao
In the depression lateral to the eye socket.

Gb 1 Tongziliao
In the depression lateral to the eye socket.

Gall Bladder Points:

GB 20S Important point behind mastoid process on outer section of trapezius muscle and end of sternocleidomastoid. Associated with smaller occipital nerve. Hammer fist, ridge hand, palm heel etc. Also a revival point
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

Gb 20 Féngchi
On the nape, below the occipital bone, in the depression between the upper ends of the sternocleidomastoid and trapezius muscles.

Tw 17 Yíféng
Posterior to the ear lobe. In the depression between the mastoid process and mandibular angle.

Gb 20 Féngchi
On the nape, below the occipital bone, in the depression between the upper ends of the sternocleidomastoid and trapezius muscles.

The Triple Warmer Points:

TW 17 Associated with the facial nerves and great auricular point where TW meridian joins GB meridian. A very dangerous point. Known as a potentially deadly point.

Li 18 Fútú
On the neck and on the anterior midline, at the centre of the suprasternal fossa.

St 9 Rényìng
On the neck beside the laryngeal protuberance and on the border of the sternocleidomastoid muscle where the pulsation of the carotid artery is palpable.

The Stomach Points:

St 5 Dáying
Anterior to the mandibular angle, on the anterior border of the masseter muscle, where the pulsation of the facial artery is palpable.

S 5 Associated with 7th cranial nerve. Should be struck up and inwards.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

The Large Intestine Points:

LI 18 Situated near the brachial plexus. A heavy handed blow will cause loss of consciousness.

The Stomach Points:

S 9 Very dangerous point. Total destruction of both vegas nerves is incompatible with life. It serves virtually every organ in the thorax and abdomen. Stimulation sends messages via the vegas nerves to the heart decreasing rate and forcing a drop in arterial blood pressure.

The Conception Vessel Points:

CV 22 Can cause death. Use fingertips, flat knuckle fist, knife hand.

Li 18 Fútú

On the neck and on the anterior midline, at the centre of the suprasternal fossa

CV 22 Tiántú

On the neck and on the anterior midline, at the centre of the suprasternal fossa

St 9 Rénying

On the neck, beside the laryngeal protuberance and on the border of the sternocleidomastoid muscle where the pulsation of the carotid artery is palpable.
**STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS**

**Sp 20 Zhóuróng**  
On the lateral side of the chest and in the 2nd intercostals space.

**Sp 21 Dábáo**  
On the lateral side of the chest and on the middle axillary line. In the 6th intercostals space.

*Spleen Points:*

*Sp 20* Often associated with strike to Li 14 point, to arrest the heart and lung activity with potentially fatal result.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

Lu 2 Yunmen
Level with the lower border of the sterna extremity of the clavicle, twofinger breadths lateral to the mid point of the clavicle, in the infraclavicular fossa.

Lu 1 Zhongfu
Directly below Yunmen (Lu 2)

St 14 Kúfáng
On the chest in the 1st intercostal space.

St 15 Wúyu
On the chest in the 2nd intercostal space.

St 16 Yíngchuáng
On the chest in the 3rd intercostal space.

Stomach Points:
ST15 and 16 Both affect the heart. Palm heel especially downwards

Lung Points:
LU 1 and 2 Used as to set up further points and to weaken the arm.
**STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS**

**Cv 24 Chéngjiāng**
On the face, in the depression at the midpoint of the mentolabial sulcus.

**Cv 22 Tiántú**
In the notch at the top of the sternum and on the anterior midline, at the centre of the suprasternal fossa.

**Cv 23 Liánquán**
Just under the chin, on the neck and on the anterior midline, above the laryngeal protuberance, in the depression above the upper border of the hyoid bone.

**Cv 14 Júqué**
On the upper abdomen and on the anterior midline.

**Cv 8 Shénqué**
On the middle abdomen at the centre of the umbilicus.

**Cv 17 Dánzhóng**
On the chest and on the midline, on the level of the 3rd intercostal space.

**Cv 4 Guányuán**
The Dan Ten point, on the lower abdomen and on the anterior midline below the centre of the umbilicus.

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**The Conception Vessel Points:**

**CV22**
*Can cause death. Can use fingertips, flat knuckle fist, knife hand.*

**CV17**
*Strike downwards, upwards or inwards. A hard blow can arrest the heart, lighter drains energy.*

**CV14**
*Affects the heart and can cause arrest. Very dangerous in combination, double strike with CV 4 using palm heels. Upward strike dangerously raises blood pressure. ¾ turn fist, elbow etc.*

**CV 4**
*Important for combinations. Upwards blow dangerously increases blood pressure. Downwards causes energy drain. Associated with the 12th intercostal nerve.*
**STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS**

**Gall Bladder Points:**

*GB 24 A deadly point when in conjunction with LI 14 Double palm heel etc.*

**Liver Points:**

*LI 14 Struck with the palm heel in conjunction with S 9 is potentially fatal.*

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Gb 23 Zhéjīn
On the lateral side of the chest on the level of the nipple, and in the 4th intercostal space.

Gb 22 Yuányé
On the lateral side of the chest, on the midaxillary line when the arm is raised, in the 4th intercostal space.

Li 14 Qǐmén
On the chest, directly below the nipple, in the 6th intercostal space.

Gb 27 Wǔshú
On the lateral side of the abdomen, anterior to the anteriosuperior iliac spine.

Gb 24 Riyué
On the upper abdomen directly below the nipple in the 7th intercostal space.

Gb 28 Wèidào
On the lateral side of the abdomen
Heart Points:

H1 Extremely dangerous point. Can effect the heart. Attack with one knuckle fist, elbow, toes etc.

H2 Associated with the ulna nerve. Attack with thumb, fingertips etc.

H3 Can disturb the heart rate. Attack with thumb, knuckles etc.
**STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS**

**Gb 3 Shangguan**

On the upper boarder of the zygomatic arch.

**Gb 20 Féngchi**

On the nape, below the occipital bone, in the depression between the upper ends of the sternocleidomastoid and trapezius muscles.

**Li 17 Tianding**

At the bottom edge of the sternocleidomastoid muscle.

**Li 18 Fútū**

On the neck and on the anterior midline, at the centre of the suprasternal fossa

**Gb 21 Jianjing**

Shoulder point on the top of the trapezius muscle. Important revival stimulation point.

**Gb 24 Riyu**

On the upper abdomen directly below the nipple in the 7th intercostal space.

**Lv 14 Qimen**

In the intercostals space 2 ribs below the nipples. Potentially fatal if struck in combination with S 9.

**Gb 25 Jinggmen**

Anterior tip of the twelfth rib. Attack as GB 24 but with straight in direction.

**Lv 13 Zhangmen**

Below end of 11th rib. Meeting point of Gall Bladder and Liver Meridians. Attack downwards diagonally upwards. Fist, palm heel, elbow, one knuckle fist etc. Associated with 10th intercostal nerve.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

**Bl 10 Tiánzhú**
On the nape, in the depression of the lateral border of the trapezius muscle, lateral to the midpoint of the posterior hairline.

**Si 11 Tiánzòng**
On the scapula, in the depression of the center of the fossa and the level of the 4th thoracic vertebra.

**Bl 24 Qiháishú**
Approximately 1½inches from the spine between 15th and 16th vertebrae associated with lateral cutaneous branch of the 2nd lumber nerve and deeper with lateral cutaneous branch of the lateral cutaneous branch of the 1st lumber nerve.

**Bl 47 Húnmen**
4½ From the spineat the level of the depression between the 2nd and 3rd lumber vertebrae.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

Pericardium Points:

PC 4 Stimulates meridian when struck.

PC 6 Strikes to this accessible point affects the heart. Important set up point with S9 for example.

Lung Points:

LU 5 Inside of forearm approx. 1 inch from the elbow crease. A very effective strike point, causes legs to buckle. Forearm, hammer fist, fingertips etc.

Lu 5 Chizé
In the cubital crease, in the depression of the radial side of the tendon of the biceps muscle of the arm.

Lu 8 Jingqu
On the radial sides of the palmar surface of the forearm, in the depression between the styloid process of the radius and radial artery.

Pc 4 Ximen
On the palmar side of the forearm and on the line connecting Quze (PC3) and Daling (PC 7).

Pc 6 Neiquan
On the palmar side of the forearm and on the line connecting Quze (PC3) and Daling (PC 7), between the tendons of the long palmar muscle and radial flexor of the wrist.
Lu 3 Tiánfú
On the medial side of the upper arm and the radial border of the biceps muscle of the arm.

Tw 12 Xiaoluo
In the hollow of the triceps muscle. Associated with the radial nerve and the posterior brachial cutaneous nerve. A strike point. Attack knife hand, forearm, hammer fist etc.

Tw 11 Qinglengyuan
Above the elbow joint. Associated with the radial nerve and the posterior brachial nerve. A pressure rather than a strike point. Rub with knuckles, forearm etc.

Tw 3 Zhongzhu
Between the 3rd and 4th metacarpal bones on the back of the hand. Associated with the ulna nerve. Attack with hammer fist, knuckles etc.
STANDARD POINTS OF ACUPUNCTURE FOR KYUSHO APPLICATIONS

St 34 Liangqui
About 4 inches above the knee, between the vastus lateralis and the rectus femoris. Associated with the lateral femoral cutaneous nerve. Attack with foot, knee etc.

Sp 10 Xuehai
Just above the inside of the knee, on the anterior surface of the thigh, on the vastus medialis muscle. Attack with ball of foot, toes edge of foot etc. Strike inwards at 45% either upwards or downwards.

Sp 11 Jimen
On the anterior border of the sartorius muscle. Attack as Sp 10 in an upwards direction or straight in.

Gb 34 Yanglingquan
On the anterior border of the fibula. Also a stimulation point.
Ki 10 Yingu

In the hollow of the knee between the tendons of the semimembranosus and semitendinosus. Attack with ball of foot, heel or side of foot.

B 54

Between the lateral and medial heads of the gastrocnemius. Attack with kick ao apply pressure by gripping.
Gb 31 Fengshi

On the thigh between the vastus lateralis and the biceps femoris. Important knockdown paralysis motor function point. Attack with knee, foot, fist etc. Associated with the femoral nerve and the lateral cutaneous nerve.

Gb 33

In the depression superior to the lateral epicondyle of the femur, in front of the tendon of m. Biceps femoris.

Gb 34 Yanglingquan

In the depression anterior and inferior to the small head of the fibula. Also a toning and stimulation point.
**Liv 3 Taichong**

Posterior to the metatarsophalangeal joint, between the 1st and 2nd metatarsal bone.

**Gb 34 Yanglingquan**

In the depression anterior and inferior to the small head of the fibula. Also a toning and stimulation point.

**St 36 Zusanli**

4 fingers below the knee. Associated with the lateral sural cutaneous branch of the sapheous and peroneal nerves. Attack with shin, foot edge, heel etc.
B 57 Chengshan

Between the lateral and medial heads of the gastrocnemius. Where the two heads separate, like in a hill. Attack with kick or apply pressure by gripping.

B 54

Between the lateral and medial heads of the gastrocnemius. Attack with kick or apply pressure by gripping.

Ki 10 Yingu

In the hollow of the knee between the tendons of the semimembranosus and semitendinosus. Attack with ball of foot, heel or side of foot.

Gb 41 Lingqi

Posterior to the tendon of m. Extensor digiti minimi pedis, in front of the junction of the 4th and 5th metatarsal bones.

Ki 3 Taixi

Midway between the tip of the medial malleolus and tendo calcaneus.